



DANNON®

YO CREAM™

# NUTRITIONAL INFO

## FROZEN TREATS FOR EVERY TASTE

Each flavor is carefully crafted with quality ingredients—such as Grade A milk, fruit and millions of Live & Active Cultures.

### HOW'S YOGURT MADE?

Grade A dairy is combined with special yogurt cultures in a process that creates an ideal environment for Live & Active Cultures to grow.

Fruit, flavors and other yummy ingredients are added to bring the yogurts, gelatos and sorbets to life.



\*Meets the National Yogurt Association Criteria for Live and Active Culture Frozen Yogurt. LAC Seal not valid for the Sorbet, Gelato, and Custard product lines

\*\*OU-D applies to sealed containers only and NOT FOR ANY RETAIL ESTABLISHMENTS.

\*\*\*All Dannon® YoCream® varieties are certified Gluten-Free except for Cookies 'n Cream, and Creamy Mint Cookie.

## FROZEN YOGURT PRODUCT NUTRITIONAL FACTS

For nutritional, allergen & ingredient information, visit [www.yocream.com](http://www.yocream.com)

## WHAT'S SO GREAT ABOUT LIVE & ACTIVE CULTURES?



Active yogurt cultures are living organisms that help turn milk into yogurt.



Yogurt boasts 100 million cultures per gram or 10X the requirement to bear the seal.



Live & Active Cultures help decrease the lactose content of yogurt, which may help lactose-intolerant people enjoy yogurt with fewer feelings of discomfort.



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YO CREAM™

For complete, up-to-date nutritional, allergen & ingredient information, visit [www.yocream.com](http://www.yocream.com)

## PRODUCTS CONTAINING ALLERGENS:

Item #	Description	Allergen
92088	Cake Batter	M,E
80043	Cinnamon Honey	M,E
92163	Cookies n' Cream	M,E,W
92137	Creamy Mint Cookie	M,E,W
92081	Dulce de Leche	M,E
92118	Eggnog	M,E
92154	Fancy French Vanilla	M,E
92063	French Vanilla	M,E
80011	Fudge Brownie Batter	M,E
92145	Irish Mint	M,E
92147	New York Cheesecake	M,E
92072	Peanut Butter	M,P
92089	Red Velvet Cake	M,E
80013	Salted Caramel Corn	M,E
80041	Salted Caramel Pretzel	M,E
80021	Strawberry Shortcake	M,E
92074	Sweet Coconut	M,C
80007	Toasted Marshmallow	M,E
91010	Vanilla Custard	M,E
80009	White Chocolate Mousse	M
92087	White Vanilla	M,E
Misc	All other frozen yogurts & gelato flavors	M

## ALLERGEN NOTES:

**ALLERGEN KEY:** Milk (M), Egg (E), Peanut (P), Soy (S),  
Wheat (W), Coconut (C)

Manufactured in a facility that processes milk, eggs, peanuts, soy,  
wheat and coconut.

## Nutritional Facts

All nutritional information is based on a ½ cup (83g) serving. Percent Daily values are based on a 2,000 calorie diet.

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vitamin D (%DV)	Allergens
<b>NONFAT FROZEN YOGURT</b>																			
Alpine Vanilla 92115	83	100	5	0	0	0	5	75	22	0	18	0	2	0	0	10	0	0	M
Apple Pie 92140	83	100	0	0	0	0	0	70	22	0	18	0	2	0	0	10	0	0	M
Cable Car Chocolate 92114	83	100	5	0	0	0	0	70	22	0	17	0	3	0	0	10	6	0	M
Cappuccino 92152	83	100	5	0	0	0	5	70	22	0	17	0	3	0	0	10	0	0	M
Chocolate Classic 92124	83	110	5	0	0	0	5	75	24	0	20	0	3	0	0	10	6	0	M
Cookies n' Cream 92163	83	110	5	0	0	0	5	75	24	0	18	0	3	0	0	10	0	0	M,E,W
Cotton Candy 80016	83	100	0	0	0	0	5	70	22	0	18	0	3	0	0	10	0	0	M
Country Vanilla 92123	83	100	5	0	0	0	5	75	22	0	18	0	2	0	0	10	0	0	M
Creamy Mint Cookie 92137	83	110	5	0	0	0	5	80	24	0	17	0	3	0	0	10	0	0	M,E,W
Eggnog 92118	83	100	5	0	0	0	5	70	23	0	19	0	3	0	0	10	0	0	M,E
Fancy French Vanilla 92154	83	100	5	0	0	0	10	70	21	0	16	0	3	0	0	10	0	0	M,E
Georgia Peach 92125	83	100	5	0	0	0	5	70	23	0	19	0	2	0	10	10	0	0	M
Graham Cracker 80019	83	100	5	0	0	0	5	70	22	0	18	0	3	0	0	10	0	0	M
Hawaiian Pineapple 92134	83	100	5	0	0	0	0	70	22	0	17	0	2	0	0	10	0	0	M
Irish Mint 92145	83	100	5	0	0	0	5	70	23	0	18	0	3	0	0	10	0	0	M,E
Island Banana 92132	83	100	5	0	0	0	0	65	22	0	18	0	2	0	0	8	0	0	M
Mountain Blackberry 92130	83	100	0	0	0	0	0	70	22	0	18	0	3	0	0	10	0	0	M
New York Cheesecake 92147	83	100	5	0	0	0	10	70	21	0	17	0	3	0	0	10	0	0	M,E
Orchard Cherry 92141	83	100	0	0	0	0	0	70	22	0	18	0	2	0	0	10	0	0	M
Pecan Praline 92146	83	90	0	0	0	0	0	70	22	0	19	0	2	0	0	10	0	0	M
Peppermint Stick 92111	83	100	5	0	0	0	5	75	22	0	18	0	2	0	0	10	0	0	M
Pistachio 92120	83	100	5	0	0	0	5	70	22	0	18	0	2	0	0	10	0	0	M
Plain 92157	83	100	5	0	0	0	5	70	22	0	18	0	3	0	0	10	0	0	M
Pumpkin 92119	83	100	0	0	0	0	0	75	23	0	18	0	2	0	0	8	0	0	M
Rootbeer Float 92116	83	100	5	0	0	0	5	75	22	0	18	0	2	0	0	10	0	0	M
Toasted Marshmallow 80007	83	100	0	0	0	0	0	55	22	0	18	0	3	0	0	10	0	0	M,E
Very Raspberry 92129	83	100	0	0	0	0	0	70	22	0	18	0	3	0	0	10	0	0	M
Very Strawberry 92131	83	100	5	0	0	0	0	70	22	0	18	0	2	0	0	10	0	0	M
White Chocolate Mousse 80009	83	100	5	0	0	0	5	70	23	0	18	0	2	0	0	10	0	0	M

### NF Alpine Vanilla

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Corn Syrup, Pasteurized and Cultured Non Fat Milk, Whey, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Non Fat Dry Milk, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

### NF Apple Pie

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Spiced Apple Base (Water, Sugar, Apple Juice Concentrate, Modified Food Starch, Natural Flavor, Cinnamon, Citric Acid, Nutmeg), Whey, Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Caramel Color, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

### NF Cable Car Chocolate

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Cocoa (Processed with Alkali), Whey, Contains Less Than 1% Of Non Fat Dry Milk, Cocoa (Processed with Alkali), Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Modified Food Starch, Pectin, Natural and Artificial Flavors. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

### NF Cappuccino

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Cappuccino Base (Water, Colombian Spray Dried Coffee, Cocoa (with alkali), Natural Flavor, Locust Bean Gum, Artificial Flavor, Cinnamon), Contains Less Than 1% Of Natural Flavor, Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Chocolate Classic

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Corn Syrup, Pasteurized and Cultured Non Fat Milk, Whey, Cocoa (processed with alkali), Contains Less Than 1% of Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Nonfat Dry Milk, Natural and Artificial Flavors, Modified Food Starch, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Cookies n' Cream

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Liquid Sugar (Sugar, Water), Corn Syrup, Pasteurized and Cultured Non Fat Milk, Whey, Maltodextrin, Cake Base (Wheat Flour, Powdered Sugar, Shortening (Partially Hydrogenated Soybean Oil), Cocoa, Sugar, Caramel Color, Baking Soda, Salt, Natural Vanilla Flavor, Ammonium Bicarbonate), Marshmallow Syrup (Corn Syrup, Sugar, Water, Egg Whites, Artificial Flavors, Xanthan Gum, Lactic Acid, Salt), Contains Less Than 1% Of Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Natural and Artificial Flavors, Non Fat Dry Milk, Cocoa (Processed with Alkali), Modified Food Starch, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg, Wheat.

## NF Cotton Candy

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural Flavor, Blue #1, Modified Food Starch, Carrageenan, Pectin, Sucralose. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Country Vanilla

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Corn Syrup, Pasteurized and Cultured Non Fat Milk, Whey, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Non Fat Dry Milk, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin, Annatto Extract (For Color). Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Creamy Mint Cookie

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Liquid Sugar (Sugar, Water), Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Maltodextrin, Cake Base (Wheat Flour, Powdered Sugar, Shortening (Partially Hydrogenated Soybean Oil), Cocoa, Sugar, Caramel Color, Baking Soda, Salt, Natural Vanilla Flavor, Ammonium Bicarbonate), Marshmallow Syrup (Corn Syrup, Sugar, Water, Egg Whites, Artificial Flavors, Xanthan Gum, Lactic Acid, Salt), Contains Less Than 1% Of Caramel Color, Natural and Artificial Flavors, Non Fat Dry Milk, Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Yellow #5, Red #40, Red #3, Blue #1, Cocoa (Processed with Alkali), Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg, Wheat.

## NF Egnog

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Egnog Base (Sugar, Water, Pasteurized Egg Yolk, Natural Flavor, Modified Food Starch, Nutmeg, Annatto (for color), Turmeric (for color), Citric Acid, Ginger), Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg.

## NF Fancy French Vanilla

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Non Fat Dry Milk, Contains Less Than 1% Of Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin, Yellow #5 and #6, Red #40. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg.

## NF Georgia Peach

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Peach Base (Sugar, Peaches, Peach Puree Concentrate, Water, Natural Flavor, Citric Acid, Annatto Extract (for color), Locust Bean Gum, Turmeric (for color), Red #40, Blue #1), Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Graham Cracker

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Natural and Artificial Flavors, Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Caramel Color, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Hawaiian Pineapple

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Pineapple Base (Water, Pineapple Juice Concentrate, Natural Flavor, Fructose, Citric Acid, Modified Food Starch, Sugar, Sodium Citrate, Turmeric (For Color)), Whey, Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Irish Mint

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, French Vanilla Base (Water, Sugar, Corn Syrup, Egg Yolk, Modified Food Starch, Natural Flavors, Annatto Extract (for color), Citric Acid, Turmeric (for color)), Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin, Blue #1. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg.

## NF Island Banana

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Banana Base (Banana, Water, Sugar, Modified Food Starch, Fruit Juice For Color, Citric Acid, Turmeric (For Color)), Corn Syrup, Whey, Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural Flavor, Annatto Extract (For Color), Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Mountain Blackberry

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Blackberry Base (Sugar, Water, Natural Flavor, Citric Acid, Blackberry Puree, Blackberries, Modified Food Starch, Red #40, Blue #1), Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF New York Cheesecake

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Cheesecake Base (Water, Sugar, Natural Flavor, Lactic Acid, Modified Food Starch, Citric Acid, Turmeric (For Color), Yellow # 6), Whey, Non Fat Dry Milk, Contains Less Than 1% Of Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg.

## NF Orchard Cherry

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Cherry Base (Sugar, Water, Cherries, Natural Flavor, Citric Acid, Plum Juice Concentrate, Elderberry Juice Concentrate, Modified Food Starch, Red #40, Blue #1), Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Pecan Praline

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Pecan Praline Base (Water, Brown Sugar, Caramel Color, Natural and Artificial Flavor, Fruit Juice For Color, Modified Food Starch), Whey, Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural Flavor, Modified Food Starch, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural Flavor, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Peppermint Stick

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Corn Syrup, Whey, Pasteurized and Cultured Non Fat Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Non Fat Dry Milk, Natural Flavor, Red #40, Red #3, Blue #1, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Pistachio

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Corn Syrup, Whey, Pasteurized and Cultured Non Fat Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Non Fat Dry Milk, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Plain

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Pumpkin

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pumpkin Base (Corn Syrup, Pumpkin, Water, Sugar, Modified Food Starch, Cinnamon, Citric Acid, Salt, Ground Cloves, Yellow #6, Nutmeg, Natural Flavor, Ginger), Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NF Rootbeer Float

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Corn Syrup, Whey, Pasteurized and Cultured Non Fat Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Non Fat Dry Milk, Caramel Color, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.



## NF Toasted Marshmallow

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Toasted Marshmallow Syrup (Corn Syrup, Sugar, Water, Egg Whites, Caramelized Sugar Syrup, Natural & Artificial Flavors, Xanthan Gum, Lactic Acid, Salt), Contains Less Than 1% Of Non Fat Dry Milk, Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Natural Flavors, Caramel Color, Modified Food Starch, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk, Egg.

## NF Very Raspberry

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Raspberry Base (Water, Sugar, Natural Flavor, Citric Acid, Raspberries, Modified Food Starch, Elderberry Juice Concentrate, Red #3, Red #40, Blue #1), Contains Less Than 1%Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk.

## NF Very Strawberry

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Strawberry Base (Strawberries, Sugar, Water, Natural Flavor, Citric Acid, Modified Food Starch, Red #3, Red #40, Blue #1), Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk.

## NF White Chocolate Mousse

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, White Chocolate Mousse Base (Corn Syrup, Water, Sugar, Natural Flavor, Modified Food Starch, Annatto Extract (color), Turmeric (color)), Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk,

Nutritional Facts	All nutritional information is based on a ½ cup (83g) serving. Percent Daily values are based on a 2,000 calorie diet.																			
	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vitamin D (%DV)	Allergens	
<b>ORIGINAL TART™ FROZEN YOGURT</b>																				
Original Tart™ 92162	83	90	0	0	0	0	0	65	20	0	15	0	3	0	0	10	0	0	M	
Original Tart™ Pomegranate Raspberry 92172	83	110	0	0	0	0	0	60	23	0	18	0	3	0	0	10	0	0	M	

## NF Original Tart™

INGREDIENTS: Pasteurized and Cultured Skim Milk, Sugar, Corn Syrup, Whey, Nonfat Dry Milk, Contains Less Than 1% Of Lemon Juice Concentrate, Citric Acid, Food Starch, Carrageenan, Pectin, Natural Flavor. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk.

## NF Original Tart™ Pomegranate Raspberry

INGREDIENTS: Pasteurized and Cultured Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized Non Fat Milk, Pomegranate Raspberry Base (Water, Sugar, Plum Juice Concentrate, Natural Flavor, Citric Acid, Pomegranate Juice Concentrate, Raspberries, Fruit Juice For Color, Apple Juice Concentrate, Pineapple Juice Concentrate), Corn Syrup, Whey, Non Fat Dry Milk, Contains Less Than 1% Of Food Starch, Carrageenan, Pectin, Natural Flavor, Fruit Juice and Vegetable Juice (for color). Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk.

## Nutritional Facts

All nutritional information is based on a ½ cup (83g) serving. Percent Daily values are based on a 2,000 calorie diet.

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vitamin D (%DV)	Allergens	
<b>EUROTART™ NONFAT FROZEN YOGURT</b>																				
EuroTart™ 92166	83	90	0	0	0	0	0	25	19	0	13	0	2	0	0	6	0	0	M	

## NF Euro Tart™

INGREDIENTS: Pasteurized Non Fat Milk, Water, Liquid Sugar (Sugar, Water), Corn Syrup, Non Fat Dry Milk, Yogurt Powder (Nonfat Dry Milk, Nonfat Yogurt Powder (Skim Milk, Culture), Natural Flavor, Citric Acid), Contains Less Than 1% Of Natural Flavor, Citric Acid, Lemon Juice Concentrate, Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk.

## Nutritional Facts

All nutritional information is based on a ½ cup (83g) serving. Percent Daily values are based on a 2,000 calorie diet.

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vitamin D (%DV)	Allergens	
<b>LOWFAT FROZEN YOGURT</b>																				
Cake Batter 92088	83	110	15	1.5	1	0	15	55	21	0	16	0	3	0	0	10	0	0	M,E	
Chocolate Caramel Turtle 80015	83	120	15	1.5	1	0	5	100	25	0	19	0	2	0	0	8	0	0	M	
Cinnamon Honey 80043	83	120	25	3	2	0	25	75	19	0	16	0	4	0	0	15	0	0	M,E	
Dulce De Leche 92081	83	110	10	1.5	1	0	20	65	22	0	18	0	2	0	0	8	0	0	M,E	
Dutch Chocolate 92064	83	120	25	2.5	1.5	0	10	70	20	1	15	0	4	2	0	10	6	0	M	
French Vanilla 92063	83	110	25	2.5	1.5	0	25	70	19	0	15	0	4	0	0	10	0	0	M,E	
Fudge Brownie Batter 80011	83	110	5	0.5	0	0	5	70	24	0	19	0	3	0	0	10	4	0	M,E	
Milk Chocolate 92065	83	120	15	1.5	1	0	5	70	23	0	18	0	2	0	0	10	0	0	M	
Red Velvet Cake 92089	83	110	15	1.5	1	0	10	55	22	0	17	0	2	0	0	8	0	0	M,E	
Salted Caramel Corn 80013	83	110	10	1	0.5	0	15	85	22	0	19	0	2	0	0	8	0	0	M,E	
Salted Caramel Pretzel 80041	83	110	10	1.5	1	0	20	120	22	0	18	0	2	2	0	15	0	0	M,E	
Strawberry Shortcake 80021	83	100	10	1.5	1	0	15	55	20	0	16	0	3	0	0	10	0	0	M,E	
Sweet Coconut 92074	83	110	5	0.5	0.5	0	0	70	22	0	18	0	2	0	0	10	0	0	M,C	
White Vanilla 92087	83	110	25	3	1.5	0	25	70	19	0	15	0	4	0	0	10	0	0	M,E	

## LF Cake Batter

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Cake Base (Water, Corn Syrup, Sugar, Natural & Artificial Flavor, Modified Food Starch, Annatto (color), Salt, Turmeric (For Color)), Cream, Non Fat Dry Milk, Whey, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk, Egg

## LF Chocolate Caramel Turtle

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Dark Chocolate Base (Corn Syrup, Sugar, Water, Natural Flavor, Brown Sugar, Caramel Color, Salt, Coffee), Corn Syrup, Turtle Base (Sugar, Water, Brown Sugar, Natural and Artificial Flavors, Modified Food Starch, Salt, Citric Acid), Whey, Cream, Contains Less Than 1% Of Non Fat Dry Milk, Cocoa (Processed with Alkali), Caramel Color, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk



## LF Cinnamon Honey

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Liquid Sugar (Sugar, Water), Cream, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Non Fat Dry Milk, Whey, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains Less Than 1% Of Natural Flavor, Cinnamon Honey Base (Water, Sugar, Cinnamon, Honey, Modified Food Starch), Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*. Allergen Information: Contains Milk, Egg

## LF Dulce de Leche

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Caramel Base (Corn Syrup, Brown Sugar, Water, Sweetened Condensed Milk (Condensed Milk, Sugar), Caramel Color, Salt, Natural Flavor, Yellow #6, Yellow #5, Red #40), Corn Syrup, Whey, Cream, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains Less Than 1% Of Non Fat Dry Milk, Caramel Color, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg.

## LF Dutch Chocolate

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Cream, Corn Syrup, Non Fat Dry Milk, Cocoa (processed with alkali), Whey, Contains less than 1% of Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Natural and Artificial Flavors, Modified Food Starch, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## LF French Vanilla

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Liquid Sugar (Sugar, Water), Pasteurized and Cultured Non Fat Milk, Cream, Corn Syrup, Non Fat Dry Milk, Whey, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin, Annatto Extract and Turmeric (for color). Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg.

## LF Fudge Brownie Batter

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Brownie Batter Base (Water, Corn Syrup, Natural Flavors, Sugar, Egg Yolk, Sweetened Condensed Milk (Milk, Sugar) Cocoa (Processed With Alkali), Butter (Sweet Cream, Salt), Salt, Modified Food Starch, Distilled Monoglycerides), Whey, Cocoa (Processed with Alkali), Contains Less Than 1% Of Natural and Artificial Flavors, Non Fat Dry Milk, Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Modified Food Starch, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg.

## LF Milk Chocolate

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Dark Chocolate Base (Corn Syrup, Sugar, Water, Natural Flavor, Brown Sugar, Caramel Color, Salt, Coffee), Corn Syrup, Whey, Cream, Contains Less Than 1% Of Non Fat Dry Milk, Cocoa (Processed with Alkali), Mono- & Diglycerides, Cellulose Gum, Guar Gum, Red #40, Yellow #5, Yellow #6, Blue #1, Caramel Color, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## LF Red Velvet Cake

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Cake Base (Water, Sugar, Natural Flavors, Egg Yolk, Sweetened Condensed Milk (milk, sugar), Corn Syrup, Annatto Extract (for color), Modified Food Starch, Salt, Distilled Monoglycerides, Turmeric (for color) ), Cream, Dark Chocolate Base (Corn Syrup, Sugar, Water, Natural Flavor, Brown Sugar, Caramel Color, Salt, Coffee), Whey, Contains Less Than 1% Of Non Fat Dry Milk, Natural & Artificial Flavors, Red #40, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cocoa (Processed with Alkali), Yellow #5, Yellow #6, Blue #1, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg.

## LF Salted Caramel Corn

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Caramel Base (Corn Syrup, Brown Sugar, Water, Sweetened Condensed Milk (Condensed Milk, Sugar), Caramel Color, Salt, Natural Flavor, Yellow #6, Yellow #5, Red #40), Salted Caramel Popcorn Base (Water, Sugar, Brown Sugar, Natural and Artificial Flavor, Modified Food Starch, Salt, Citric Acid), Corn Syrup, Whey, Cream, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains Less Than 1 % Of Non Fat Dry Milk, Caramel Color, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg.

## LF Salted Caramel Pretzel

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Caramel Base (Corn Syrup, Brown Sugar, Water, Sweetened Condensed Milk (Condensed Milk, Sugar), Caramel Color, Salt, Natural Flavor, Yellow #6, Yellow #5, Red #40), Corn Syrup, Whey, Cream, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Salt, Caramel Color, Natural and Artificial Flavor, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk, Egg

## LF Strawberry Shortcake

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Strawberry Shortcake Base (Water, Sugar, Natural Flavor, Strawberries, Citric Acid, Modified Food Starch, Salt, Red #40), Corn Syrup, Non Fat Dry Milk, Cream, Whey, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk, Egg.

## LF White Vanilla

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Liquid Sugar (Sugar, Water), Pasteurized and Cultured Non Fat Milk, Cream, Corn Syrup, Non Fat Dry Milk, Whey, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains less than 1% of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk, Egg.

## LF Sweet Coconut

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Coconut Base (Sugar, Coconut, Water, Natural Flavor, Modified Food Starch), Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk, Coconut.

Nutritional Facts		Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vitamin D (%DV)	Allergens
All nutritional information is based on a ½ cup (83g) serving. Percent Daily values are based on a 2,000 calorie diet.		83	120	40	4	1.5	0	5	100	19	1	14	0	4	0	0	10	0	0	M,P

### PREMIUM FROZEN YOGURT

Peanut Butter 92072	83	120	40	4	1.5	0	5	100	19	1	14	0	4	0	0	10	0	0	M,P
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## Peanut Butter

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Liquid Sugar (Sugar, Water), Pasteurized and Cultured Non Fat Milk, Corn Syrup, Peanut Butter (Peanuts, Peanut Oil, Salt, Mono-diglycerides), Whey, Cream, Contains Less Than 1% Of Non Fat Dry Milk, Caramel Color, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk, Peanut.

## Nutritional Facts

All nutritional information is based on a ½ cup (83g) serving. Percent Daily values are based on a 2,000 calorie diet.

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vitamin D (%DV)	Allergens
<b>NONFAT NO-SUGAR ADDED** FROZEN YOGURT</b>																			
Blueberry 92393	83	80	0	0	0	0	0	80	17	0	6	4	3	0	0	10	0	0	M
Cheesecake 92403	83	80	0	0	0	0	5	80	18	0	6	4	3	0	0	15	0	0	M
Chocolate 92390	83	90	5	0	0	0	5	100	20	0	7	5	4	0	0	15	4	0	M
Coffee 92398	83	80	0	0	0	0	5	85	18	0	6	4	3	0	0	10	0	0	M
Irish Cream 80035	83	80	5	0	0	0	5	85	19	0	6	4	3	0	0	15	0	0	M
Praline 92399	83	80	5	0	0	0	5	85	18	0	6	5	3	0	0	15	0	0	M
Raspberry 92394	83	80	0	0	0	0	0	80	17	0	6	4	3	0	0	10	0	0	M
Strawberry 92392	83	80	0	0	0	0	0	80	17	0	6	4	3	0	0	10	0	0	M
Strawberry Banana 92396	83	80	0	0	0	0	0	80	18	0	6	4	3	0	0	10	0	0	M
Vanilla 92391	83	80	5	0	0	0	5	85	18	0	6	5	3	0	0	15	0	0	M
Yellow Cake Batter 80022	83	80	0	0	0	0	5	80	18	0	6	4	3	0	0	10	0	0	M

### NSA Blueberry

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Maltodextrin, Sorbitol, Whey, Blueberry Base (Water, Blueberries, Natural Flavor, Modified Food Starch, Citric Acid, Fruit Juice For Color, Spirulina Extract (Color)), Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Modified Food Starch, Carrageenan, Pectin, Fruit Juice and Vegetable Juice (for color), Sucralose, Acesulfame Potassium. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium. Allergen Information: Contains Milk.

### NSA Cheesecake

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Maltodextrin, Pasteurized and Cultured Non Fat Milk, Sorbitol, Whey, Cheesecake Base [Water, Natural Flavor, Modified Food Starch, Lactic Acid, Citric Acid, Annatto (color), Turmeric (for color)], Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Modified Food Starch, Carrageenan, Pectin, Sucralose, Acesulfame Potassium. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk.

### NSA Chocolate

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Maltodextrin, Pasteurized and Cultured Non Fat Milk, Sorbitol, Whey, Non Fat Dry Milk, Contains Less Than 1% Of Cocoa (Processed with Alkali), Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural Flavor, Cellulose Gum, Cellulose Gel, Modified Food Starch, Carrageenan, Pectin, Sucralose, Acesulfame Potassium. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk.

### NSA Coffee

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Maltodextrin, Pasteurized and Cultured Non Fat Milk, Sorbitol, Whey, Non Fat Dry Milk, Coffee Base (Water, Caramel Color, Colombian Spray Dried Coffee, Natural Flavor, Modified Food Starch), Contains Less Than 1% Of Caramel Color, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Natural Flavor, Modified Food Starch, Carrageenan, Pectin, Sucralose, Acesulfame Potassium. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergen Information: Contains Milk.

## NSA Irish Cream

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Maltodextrin, Pasteurized and Cultured Non Fat Milk, Sorbitol, Whey, Non Fat Dry Milk, Contains Less Than 1% Of Natural Flavor, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gum, Cellulose Gel, Modified Food Starch, Carrageenan, Pectin, Caramel Color, Sucralose, Acesulfame Potassium. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NSA Praline

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Maltodextrin, Pasteurized and Cultured Non Fat Milk, Sorbitol, Whey, Non Fat Dry Milk, Contains Less Than 1% Of Natural Flavor, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Caramel Color, Modified Food Starch, Carrageenan, Pectin, Sucralose, Acesulfame Potassium. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NSA Raspberry

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Maltodextrin, Sorbitol, Whey, Raspberry Base (Water, Natural Flavor, Red Beet Concentrate, Raspberries, Citric Acid, Modified Food Starch), Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Modified Food Starch, Carrageenan, Pectin, Fruit Juice and Vegetable Juice (For Color), Sucralose, Acesulfame Potassium, Annatto Extract (For Color). Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NSA Strawberry

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Maltodextrin, Sorbitol, Whey, Strawberry Base (Water, Natural Flavor, Red Beet Concentrate, Modified Food Starch, Strawberries, Citric Acid), Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Modified Food Starch, Carrageenan, Pectin, Sucralose, Acesulfame Potassium. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NSA Strawberry-Banana

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Maltodextrin, Pasteurized and Cultured Non Fat Milk, Sorbitol, Strawberry Banana Base (Water, Strawberries, Banana, Natural Flavor, Modified Food Starch, Red Beet Concentrate, Citric Acid), Whey, Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Modified Food Starch, Carrageenan, Pectin, Natural Flavor, Sucralose, Acesulfame Potassium. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NSA Vanilla

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Maltodextrin, Pasteurized and Cultured Non Fat Milk, Sorbitol, Whey, Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Modified Food Starch, Carrageenan, Pectin, Natural Flavor, Sucralose, Acesulfame Potassium. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk.

## NSA Yellow Cake Batter

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Maltodextrin, Pasteurized and Cultured Non Fat Milk, Sorbitol, Whey, Cake Base (Water, Natural Flavor, Modified Food Starch, Salt), Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Modified Food Starch, Carrageenan, Pectin, Annatto Extract (Color), Sucralose, Acesulfame Potassium. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergen Information: Contains Milk

## Nutritional Facts

All nutritional information is based on a ½ cup (83g) serving. Percent Daily values are based on a 2,000 calorie diet.

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vitamin D (%DV)	Allergens
<b>GELATO SOFT SERVE</b>	no live and active cultures																		
Banana Flambé 80034	83	140	50	6	3.5	0	20	55	20	0	15	0	2	4	0	8	0	0	M
Chocolate 80032	83	140	50	6	4	0	20	60	21	0	15	0	2	4	0	8	6	0	M
Creamy Limoncello 80033	83	140	50	6	3.5	0	20	55	20	0	15	0	2	4	0	8	0	0	M
Hazelnut 80030	83	140	50	6	3.5	0	20	55	20	0	15	0	2	4	0	8	0	0	M
Pistachio 80031	83	140	50	6	3.5	0	20	70	20	0	15	0	2	4	0	8	0	0	M
Vanilla Bean 80038	83	140	50	6	3.5	0	20	55	20	0	15	0	2	4	0	8	0	0	M

### Banana Flambé

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Cream, Corn Syrup, Whey, Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural Flavor, Cellulose Gel, Caramel Color, Turmeric (For Color).

Allergen Information: Contains Milk.

### Chocolate

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Cream, Corn Syrup, Cocoa (Processed with Alkali), Whey, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Natural and Artificial Flavors.

Allergen Information: Contains Milk.

### Creamy Limoncello

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Cream, Corn Syrup, Whey, Non Fat Dry Milk, Contains Less Than 1% of Natural Flavor, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Cellulose Gel, Tumeric (For Color).

Allergen Information: Contains Milk.

### Hazelnut

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Cream, Corn Syrup, Whey, Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Caramel Color, Cellulose Gel.

Allergen Information: Contains Milk.

### Pistachio

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Cream, Corn Syrup, Whey, Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Cellulose Gel.

Allergen Information: Contains Milk.

### Vanilla Bean

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Cream, Corn Syrup, Whey, Non Fat Dry Milk, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Cellulose Gel, Vanilla Bean Seeds.

Allergen Information: Contains Milk.

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	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vitamin D (%DV)	Allergens
<b>NON-DAIRY SORBET</b>	no live and active cultures																		
Berry Acai	83	90	0	0	0	0	0	0	22	0	16	0	0	0	0	0	0	0	-
Caramelized Pineapple 80036	83	90	0	0	0	0	0	0	23	0	13	0	0	0	0	0	0	0	-
Chocolate Fudge Sorbet 80018	83	100	5	0.5	0	0	0	25	25	1	14	0	1	0	0	0	8	0	-
Green Apple 80008	83	90	0	0	0	0	0	0	22	0	16	0	0	0	0	0	0	0	-
Key Lime 92377	83	90	0	0	0	0	0	0	23	0	16	0	0	4	0	0	0	0	-
Kiwi Strawberry 92374	83	90	0	0	0	0	0	0	22	0	16	0	0	2	0	0	0	0	-
Mango Sunrise 92371	83	80	0	0	0	0	0	0	21	0	15	0	0	0	0	0	0	0	-
Orange Splash 80028	83	80	0	0	0	0	0	0	21	0	15	0	0	4	0	0	0	0	-
Pink Lemonade 80000	83	80	0	0	0	0	0	0	21	0	14	0	0	4	0	0	0	0	-
POG (Passion Orange Guava) 80005	83	90	0	0	0	0	0	0	22	0	16	0	0	2	0	0	0	0	-
Pomegranate Raspberry 92430	83	100	0	0	0	0	0	0	22	0	17	0	0	0	0	0	0	0	-
Raspberry Lime Mojito	83	90	0	0	0	0	0	0	21	0	16	0	0	0	0	0	0	0	-
Strawberry Lemonade 92378	83	90	0	0	0	0	0	0	21	0	15	0	0	6	0	0	0	0	-
Very Berry 92368	83	80	0	0	0	0	0	0	21	0	16	0	0	2	0	0	0	0	-
Watermelon 92379	83	90	0	0	0	0	0	0	21	0	16	0	0	0	0	0	0	0	-

### NF Berry Acai

INGREDIENTS: Water, Sugar, Corn Syrup, Berry Acai Base (Water, Sugar, Natural Flavor, Acai, Blueberries, Blackberries, Corn Starch, Citric Acid, Fruit Juice (For Color)), Contains Less Than 1% Of Pectin, Fruit Juice and Vegetable Juice (For Color), Citric Acid.

### NF Caramelized Pineapple

INGREDIENTS: Water, Sugar, Corn Syrup, Caramelized Pineapple Base (Pear Syrup, Pear Puree, Clarified Pineapple and Pineapple Juice Concentrates, Water, Natural Flavors, Citric Acid), Contains Less than 1% of Natural Flavor, Pectin, Turmeric (For Color).

### LF Chocolate Fudge

INGREDIENTS: Water, Sugar, Corn Syrup, Cocoa (Processed with Alkali), Maltodextrin, Contains Less Than 1% Of Pectin, Natural Flavor.

### NF Green Apple

INGREDIENTS: Water, Sugar, Corn Syrup, Apple Juice Base [Apple Juice Concentrate, Pear Juice Concentrate, Apple Puree, Water, Natural Flavor, Malic Acid, Fruit Juice and Turmeric (for color)], Contains Less Than 1% Of Malic Acid, Pectin, Turmeric (for color).

### NF Key Lime

INGREDIENTS: Water, Sugar, Corn Syrup, Key Lime Base (Pear Syrup, Pear Puree, Key Lime Juice Concentrate, Pear Juice Concentrate, Clarified Lime Juice Concentrate, Water, Lime Juice Concentrate, Natural Flavor, Fruit Juice (for color)), Contains Less Than 1% Of Natural Flavor, Pectin, Citric Acid, Turmeric (for color).

### NF Kiwi Strawberry

INGREDIENTS: Water, Sugar, Corn Syrup, Strawberry Base (Strawberries, Sugar, Natural Flavors, Citric Acid), Contains Less Than 1% Of Natural Flavors, Pectin, Citric Acid, Fruit juice and Vegetable Juice (for color).

### NF Mango Sunrise

INGREDIENTS: Water, Sugar, Corn Syrup, Mango Base (Water, Pear and Mango Juice Concentrates, Mango Puree, Orange Juice Concentrates, Natural Flavors, Citric Acid, Xanthan Gum, Annatto Extract (For Color)), Contains Less Than 1% Of Citric Acid, Pectin, Natural Flavor, Turmeric (For Color), Fruit Juice and Vegetable Juice (for color).

### NF Orange Splash

INGREDIENTS: Water, Sugar, Corn Syrup, Orange Base (Water, Lemon Juice Concentrate, Sugar, Orange Juice Concentrate, Natural Flavor, Citric Acid, Corn Starch, Annatto Extract (For Color)), Contains Less Than 1% Of Annatto Extract (For Color), Pectin.

### NF Pink Lemonade

INGREDIENTS: Water, Sugar, Corn Syrup, Lemonade Base (Concentrated Lemon Juice, Water, Lemon Pulp Cells and Lemon Oil), Contains Less Than 1% Of Pectin, Natural Flavor, Fruit Juice and Vegetable Juice (for color).

### NF POG (Passion Orange Guava)

INGREDIENTS: Water, Sugar, Corn Syrup, POG Base (Apple, Pear, Orange and Passion Fruit Juice Concentrates, Guava Puree, Natural Flavors, Water, Citric Acid), Contains Less Than 1% Of Citric Acid, Pectin, Natural Flavor, Fruit Juice and Vegetable Juice (for color), Turmeric (For Color).

### NF Pomegranate Raspberry

INGREDIENTS: Water, Sugar, Corn Syrup, Pomegranate Raspberry Base (Water, Sugar, Plum Juice Concentrate, Natural Flavor, Citric Acid, Pomegranate Juice Concentrate, Raspberries, Fruit Juice For Color, Apple Juice Concentrate, Pineapple Juice Concentrate), Contains Less Than 1% Of Fruit Juice and Vegetable Juice (for color), Pectin.

### NF Raspberry Lime Mojito

INGREDIENTS: Water, Sugar, Corn Syrup, Raspberry Base (Water, Sugar, Citric Acid, Natural Flavor, Elderberry Juice Concentrate, Raspberries, Corn Starch), Contains Less Than 1% Of Natural Flavor, Pectin.

### NF Strawberry Lemonade

INGREDIENTS: Water, Sugar, Corn Syrup, Strawberry Lemonade Base (Water, Sugar, Lemon Juice Concentrate, Strawberries, Natural Flavor, Citric Acid, Corn Starch, Fruit Juice For Color), Contains Less Than 1% Of Pectin.

### NF Very Berry

INGREDIENTS: Water, Berry Blend [Water, Sugar, Blackberries, Strawberries, Blueberries, Corn Starch, Boysenberries, Raspberries, Marionberries, Natural Flavor, Citric Acid, Fruit Juice (for color)], Sugar, Corn Syrup, Contains Less Than 1% Of Pectin, Citric Acid, Natural Flavor.

### NF Watermelon

INGREDIENTS: Water, Sugar, Corn Syrup, Watermelon Flavored Base (Water, Sugar, Pear Juice Concentrate, Natural Flavor, Citric Acid, Apple Juice Concentrate, Xanthan Gum), Contains Less Than 1% Of Fruit Juice and Vegetable Juice (for color), Pectin, Citric Acid, Turmeric (For Color), Natural Flavor.



## Nutritional Facts

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Serving Size (g)
Calories
Calories from Fat
Total Fat (g)
Saturated Fat (g)
Trans Fat (g)
Cholesterol (mg)
Sodium (mg)
Total Carbohydrate (g)
Dietary Fiber (g)
Sugar (g)
Sugar Alcohols (g)
Protein (g)
Vitamin A (%DV)
Vitamin C (%DV)
Calcium (%DV)
Iron (%DV)
Vitamin D (%DV)
Allergens

## Vanilla Custard

INGREDIENTS: Pasteurized Non Fat Milk, Cream, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Non Fat Dry Milk, Corn Syrup, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains Less Than 1% Of Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, French Vanilla Base (Water, Sugar, Corn Syrup, Egg Yolk, Modified Food Starch, Natural Flavors, Annatto Extract (for color), Citric Acid, Turmeric (for color), Natural and Artificial Flavors, Annatto Extract (For Color).

Allergen Information: Contains Milk, Egg.

